



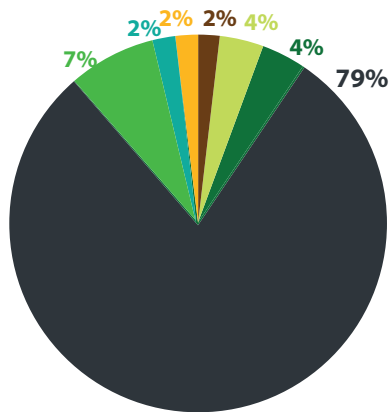
EXECUTIVE SUMMARY OF, EKAM FOUNDATION TAMIL NADU JANUARY -18

WE FEEL VERY HAPPY TO SHARE OUR ACHIEVEMENTS BELOW:

S.NO	NAME OF ACTIVITY	COUNT
1	IDENTIFIED REFERRALS	53
2	AWARENESS TRAINING – MCH (INCLUDING CARITAS TRAINING)	92
3	KITCHEN GARDEN & HERBAL GARDEN	17
4	GRAM PARTICIPATION	31
5	MENTOR STAFF NURSE VISIT BY DCO'S	3
6	CARITAS – UDHYAM ECO DRR PROJECT	5
7	LIVELIHOOD PROJECT	1
8	OTHER ACTIVITY – NETWORKING (DEIC, SNCU/NBSU VISIT/HR/ FOLLOW UP WORK/ICDS /CARITAS VISIT/ HOSPITAL VISIT/DDHS VISIT/ EQUIPMENT MAINTENANCE/ ATTENDANCE WORK / HOME VISIT/COLLEGE VISIT.	776

Disease Category	Count
Blood Disorders	1
Bone & Joint Problem	2
Brain & Spine problems	2
Cardiac problems	42
ENT (Ear, Nose and Throat) disorders	4
Eye disorders	1
Kidney & Urinary related disorders	1
Total	53

Save a child Report – Jan 2018	Count
Overall referrals identified	53
Ekam (Regular medical support)	6
Govt. Insurance	7
Govt. Hospital	1



- BLOOD DISORDERS
- BONE & JOINT PROBLEM
- BRAIN & SPINE PROBLEMS
- CARDIAC PROBLEMS
- ENT (EAR, NOSE AND THROAT) DISORDERS
- EYE DISORDERS
- KIDNEY & URINARY RELATED DISORDERS

AWARENESS TRAINING:

In January we have conducted the Maternal Child Health Training for ANC Mothers, ICDS, Teachers, College Students, School Children, Nehru Yuva Kendra and general public. Trainings are also covered the topics like Govt Schemes – 108, 104, CM Insurance Schemes, Food & Nutrition and Kitchen Garden. Altogether 5327 persons have attended and benefited from 92 Trainings from 17 districts in Tamilnadu.



KITCHEN GARDEN IN ICDS CENTRE:

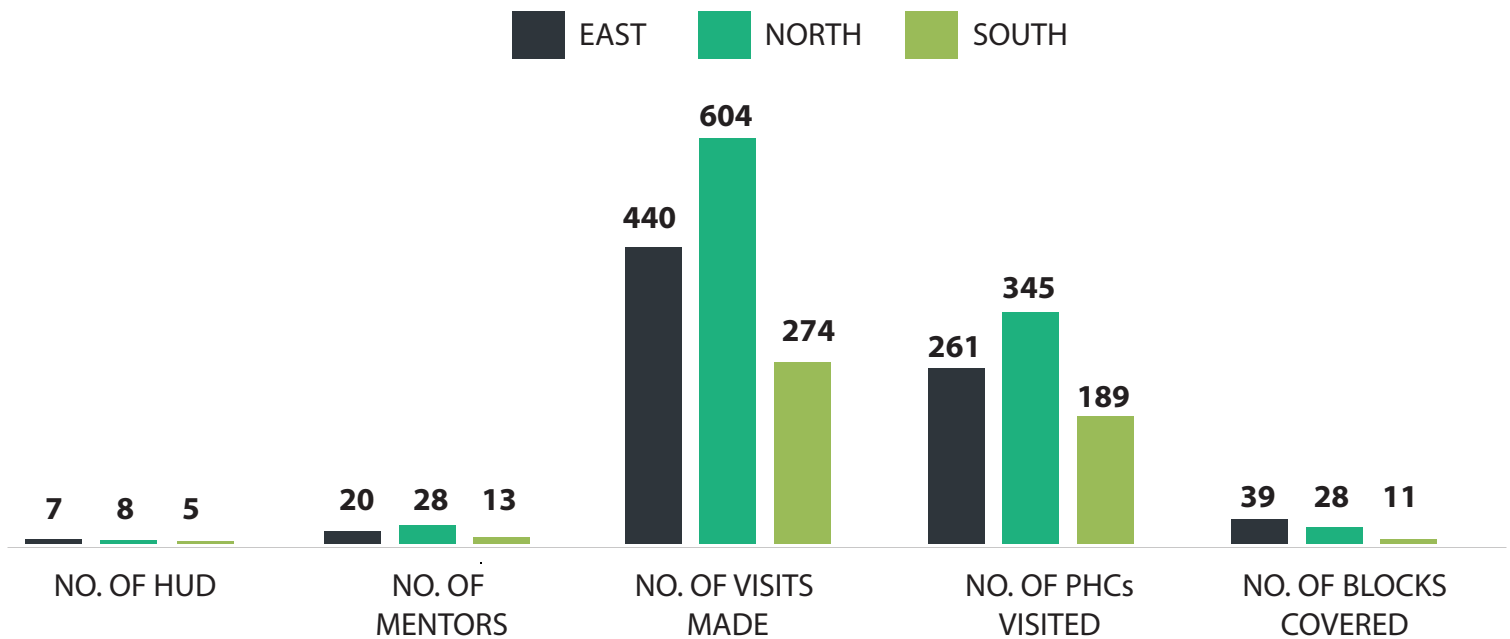
We feel so glad to reveal that in January we have implemented the Kitchen Garden in ICDS Centres, Schools with support of ICDS Teachers, School Children & volunteers of Ekam Foundation in 7 districts. Moreover we are planning to implement this in the rest of the districts in February 2018.

MENTOR NURSES TRAINING PROJECT

The aim of this project is to empower a group of Master Nurse Trainers & enable them with training in Obstetric, Neonatal & Paediatric care skills & to build a strong framework at the community level. Ekam Foundation holds responsibility of ensuring that trainings are conducted in a timely manner. Also, once mentor nurses are trained, Ekam will follow up with the mentor nurses and ensure that they will disseminate the information to the staff nurses stationed in the health centres. These staff nurses will in turn train the community and the knowledge will be disseminated therein. The below are the current update.

ZONE	NO. OF HUD	NO. OF MENTORS	NO. OF VISITS MADE	NO. OF PHCs VISITED	NO. OF BLOCKS COVERED
EAST	7	20	440	261	39
NORTH	8	28	604	345	28
SOUTH	5	13	274	189	11

JAN 2018



CHANGE MANAGEMENT TRAINING:

Responding to change requires a continuous change programme where the company can constantly and dynamically adapt. Alternatively, an organisation may need to go through a major change programme periodically to remain Stronger. As a routine three days Change Management Workshop was conducted for EKAM Core team members and Field Staff members by Mr.Manoharan (Consultant, EKAM Foundation) in Chennai from 29 to 31st January 2018. This useful training has served Ekam staff knowledge coated with Fun. It also rendered the opportunity for team building and to know their strengths.





GRAMSABHA PARTICIPATION:

Meaning of Gram Sabha is to solve the people problems and felt needs and to decide how to use the available resources optimally in ways desired by them, to benefit the poorest in the village through direct democratic and participatory planning.

Our State government has decided to conduct the Gram Sabha in all the panchayats on 26th Jan 2018 in Tamilnadu. Hence in this month EKAM has participated in Gram Sabha through our District Coordinators in their home town. We have participated in 31 places across Tamilnadu and covered the agenda like Administration & Budget, Basic Facilities, Health Awareness, Village Panchayat plan, NREGA Work (100 Days), Infrastructure issues, Natural Resource Management.



CARITAS-UDHAYAM ECO DRR PROJECT:

We have conducted the MCH Training program to Self Help Group members in that we covered the topics like Government Schemes – 108, 104, CM Insurance Schemes, Food & Nutrition, Kitchen Garden. Out of this training around 195 persons are benefited, with support of Chengalpattu, Dharmapuri, and Kumbakonam Social Service society in Tamilnadu.



FARMERS' TRAINING:

We have conducted training program to the farmers of Virudhunagar district in Tamilnadu. During this training we have covered topics like natural farming, Shivyog, bore well system and saving water. This effective training is given by Mr.Kannan - Farming Consultant.





CARE OF PREGNANT MOTHERS, NEWBORN & CHILDREN TO SLUM POPULATION AT SOUTH BOAG ROAD AND KAMARAJAR COLONY SLUM TENEMENTS – FUNDED BY ROTARY CLUB OF MADRAS EAST, FACILITATED BY EKAM FOUNDATION

The scheduled Maternal Child Health Awareness Training for Mothers & children was held from 29th Jan 2018 to 3rd Feb 2018 for first 3 days at SM Nagar, S. Boag Road ICDS centre and next 3 days at Kamarajar Colony ICDS centre catering to mothers/children of S. Boag road slum tenements & Kamraj ar colony slum tenements respectively. In this training we covered the topics like Body Mapping and Overview of Organs, Registration of Pregnant Women, Janani Suraksha Yojana, Preventing Unwanted Pregnancies, Condoms - An Option for Men. Due to this Training around 250 Mothers & their children got benefited.



SUCCESS STORIES

RAMSARAN - BABY FROM PUDUKOTTAI

Venkatesan is an agricultural labour who is residing at Pudukottai district. His wife Suganya had delivered a male baby named Ramsaran on 14/12/2017 in a Primary Health Centre. At the age of day 4 he was diagnosed to have Congenital Cyanotic Heart Disease in Tanjore Medical College. Dr. Janaki who had treated the child has approached Ekam's Helpline to support for further treatment. Immediately the medical reports of the baby was collected and forwarded to Dr. Vijayakumar – Consultant Paediatric Cardiothoracic surgeon from G.Kuppuswamy Naidu Memorial Hospital. The very next day the child was taken to the hospital and there the baby was diagnosed to have CHD, DTGA with large perimembranous VSD & small size ASD for which he had underwent Arterial Switch operation and VSD closure successfully under Tamilnadu Chief Minister's Comprehensive Health Insurance card. On 3/2/2018 the baby was discharged from the hospital and now he is leading a normal life.





DHARNIKA – BABY FROM DINDUGUL

Dharnika 9 years 8 months old child from Dindugul district was identified by Ekam District Coordinator. She had S/P Bidirectional Glenn shunt for Tricuspid atresia / Large sized ostium secundum ASD/ Moderate sized muscular VSD with patent Glenn shunt. Therefore we have referred her to G. Kuppaswamy Naidu Memorial Hospital. There she was advised for Cardiac Catheterization and the cost of procedure was Rs.28,550/- since her father is working as a tea master for a daily wage he could not afford the money. Knowing their family situation Ekam has come forward to support for the procedure later she had undergone FONTAN Operation successfully under Tamilnadu Chief Minister's Comprehensive Health Insurance. Now the baby is healthy, and lives a normal life.

MADHUMATHI - BABY FROM ANDHRAPRADESH

Madhumathi 10 years old child from Andhrapradesh had DORV, Inlet VSD, PS, S/P Glenn with Antegrade flow for which she was advised for FONTAN Operation at Fortis Malar. The cost of the procedure was charged up to Rs. 3,50,000/- since the family was not eligible for Tamilnadu Chief Minister's Comprehensive Health Insurance. So they were in the situation to arrange the whole amount by that time. Therefore they approached Ekam foundation and sum of Rs. 50,000/- was contributed towards her surgery. On 15/1/2018 she had undergone surgery successfully and discharged from the hospital.



TANUJ DAFFA – BABY FROM NILGIRI

Tanuj Daffa 10 years 5 months old boy from Nilgiri district was diagnosed to have Parapharyngeal Tumour for which he had undergone Excision Parapharyngeal / Skull Base Tumour at Kovai Medical Center and Hospital on 4/1/2018. The total cost of the procedure was charged up to Rs. 2, 00,000/- since the father of the child is working as a driver, his earnings were not sufficient to afford for the treatment. By that time Ekam has come forward and contributed sum of Rs. 50,000/- to support for his treatment and now he is recovering slowly.

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Thank you